

Fittonia

Fittonia is a compact plant with striking patterned foliage. Fittonia are fairly easy to care for—they can tolerate a range of lighting conditions and like to be kept moist. They prefer humid environments and will benefit from regular misting.

Fittonia prefers bright, indirect light. Lower light can cause it to lose some of its vibrant color and growth will slow. Too much light can burn the leaves.

Fittonia loves water and to be consistently moist, but not soggy. Water thoroughly when the top 50% of soil is dry. If you let your Fittonia dry out too much, it will let you know with limp leaves. Not to worry! After a thorough watering, the leaves should soon perk up.

Your Fittonia will thrive in average room temperatures between 65-80 degrees. Avoid cold drafts and direct airflow from heaters in the winter months.

Your Fittonia will appreciate higher humidity levels. You can boost the humidity with frequent misting, placing a humidifier nearby, or using a pebble tray. Another way to increase relative humidity is to group several humidity-loving plants together in a small area, creating a micro-climate.

